Coverage for: Individual and Family plans | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.pehp.org or call 1-800-765-7347. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.pehp.org or call 1-800-765-7347 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	\$500 person/\$1,000 family for network providers. \$1,000 person/\$2,000 family for out-of-network providers.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the policy, they have to meet their own individual <u>deductible</u> until the overall family <u>deductible</u> amount has been met.
Are there services covered before you meet your deductible?	Yes. Some <u>network provider</u> visits or preventive care received from <u>network providers</u> are not subject to the <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the annual <u>deductible</u> amount.  But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this plan covers certain preventive services without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No	You do not have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	\$2,500 person/\$5,000 family for network providers. \$5,000 person/\$10,000 family for out-of-network providers.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges and healthcare this <u>plan</u> doesn't cover. See Benefits Summary.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a network provider?	Yes. See www.pehp.org or call 1-800-765-7347 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider</u> network. You will pay less if you use a <u>provider</u> in the plan's network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your plan pays (a balance bill). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .

Common	Services You May	What You Will Pay		Limitations, Exceptions, &	
Medical Event	Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Other Important Information	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$25 co-pay/visit  PEHP e-Care: \$10 co-pay per visit  PEHP Value Clinics: \$10 co-pay	40% of <u>Allowed Amount</u> (AA) after <u>deductible</u>	*The following services are not covered: charges for after hours or holiday; acupuncture; screening for developmental delay.	
of chine	Specialist visit  Preventive care/ screening/immunization	\$50 co-pay/visit No charge	40% of AA after <u>deductible</u> 40% of AA after <u>deductible</u>	*You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	Diagnostic test (x-ray, blood work) Imaging (CT/PET scans, MRIs)	20% of AA after <u>deductible</u> 20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u> 40% of AA after <u>deductible</u>	*Qualifying adult members age 18 and up may receive one facility-based sleep study for obstructive sleep apnea in a hospital in a three-year period, Pre-authorization required. Additional attended sleep studies for adults must be performed at an office or an office-based clinic, but not a hospital or clinic whose allowed amount is based off a percentage of billed.	
				*Genetic testing requires <u>pre-authorization</u> .  *Some scans require <u>pre-authorization</u> .	
If you need drugs to treat your illness	Generic drugs (Tier 1) Cost is per prescription	Copay (Day Supply) \$10 (Retail 1-30; Retail 31-90; Mail up to 90)	Not covered	Generic Policy - Dispense As Written (DAW): If you choose to buy the Brand name drug when a Generic equivalent is available, you will be required to pay the Brand copay/coinsurance plus the difference in cost between the Generic and Brand name drug.	
or condition, more information about prescription drug coverage is	Brand Formulary (Tier 2) Cost is per prescription	Copay (Day Supply) \$30 (Retail 1-30) \$60 (Retail 31-90; Mail up to 90)	Not covered	Step Therapy Program: Certain medications may be subject to step therapy. You could be asked to try one of the first or second level options before certain drugs are covered by the plan.  High Dollar Claim Review, Prior Authorization and Appeals program (HDCR): Medication costs exceeding \$1,000 per 30-day supply and \$3,000 per 90-da supply require prior authorization.  Low Clinical Value Drug List (LCV): Separate formulary exclusion list includin low clinical value drugs, me too/chemically similar drugs, new to market drugs, and non-essential.	
available at www.optumrx.com.	Brand/Non-Formulary (Tier 3) Cost is per prescription	Copay (Day Supply) \$50 (Retail 1-30) \$150 (Retail 31-90; Mail up to 90)	Not covered		

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Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need drugs to treat your illness or condition, more information about prescription drug coverage is available at www.optumrx.com.	Specialty drugs (Tier 4) Cost is per prescription	\$100 (Generic, Preferred Brand and Non-Preferred Brand)	Not covered	*Specialty medications are high-cost drugs that are often injected or infused and require special storage and monitoring. These medications must be obtained through OptumRX specialty pharmacy by calling OptumRX at 1.800.850.9122. Some exceptions apply. These medications are limited to a 1-30 day supply. Specialty medications largely fall into the formulary brand category but could also fall into the biosimilar or generic specialty drug category. These medications are subject to the appropriate co-insurance as listed below. OptumRX Specialty Pharmacy also offers pharmaceutical care management services designed to provide you with assistance throughout your treatment.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	*No coverage for: cosmetic surgery; bariatric surgery. Spinal cord stimulators require <u>pre-authorization</u> .	
outpatient surgery	Physician/surgeon fees	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>		
	Emergency room care	\$250 co-pay/visit	\$250 co-pay/visit	None	
If you need immediate medical attention	Emergency medical transportation	20% of AA after <u>deductible</u>	20% of AA after <u>deductible</u>	*Ambulance charges for the convenience of the patient or family are not covered. Air ambulance covered only in life-threatening emergencies and only to the nearest facility where proper medical care is available.	
attention	<u>Urgent care</u>	\$50 co-pay/visit	\$100 co-pay after <u>deductible</u> , then plan pays 100% of billed amount	None	
	Facility fee (e.g., hospital room)	\$300 co-pay after <u>deductible</u> , then 20% of AA	40% of AA after <u>deductible</u>	*Take home medication from a hospital or other facility unless legally required and approved by PEHP. Inpatient mental health/substance	
If you have a hospital stay	Physician/surgeon fee	\$25/\$50 co-pay per visit depending on <u>provider</u> type, 20% of AA after <u>deductible</u> for surgeons fees	40% of AA after <u>deductible</u>	abuse, skilled nursing facilities, inpatient rehab facilities, out-of network inpatient, out-of-state inpatient and some in-network facilities require <u>preauthorization</u> .	
	Outpatient services	\$25 co-pay/visit	40% of AA after <u>deductible</u>	*No coverage for: milieu therapy, marriage counseling, encounter groups,	
If you have mental health, behavioral health, or substance abuse needs	Inpatient services	\$300 co-pay after <u>deductible</u> , then 20% of AA	40% of AA after <u>deductible</u>	hypnosis, biofeedback, parental counseling, stress management or relaxation therapy, conduct disorders, oppositional disorders, learning disabilities, situational disturbances. Residential treatment programs require preauthorization and 60 day limit applies, no out of network coverage. Some of these services may be covered through your employer's Employee Assistance Program or Life Assistance Counseling.	



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your overall <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common	Carrisos Var. Mar	What You Will Pay		Limitations Eventions 9	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Office visits	No charge	No charge	None	
If you are pregnant	Childbirth/delivery professional services	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>		
	Childbirth/delivery facility services	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>		
	Home health care	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	* <u>Out-of-network</u> requires <u>pre-authorization</u> . No coverage for custodial care. Maximum of 60 visits per plan year.	
If you need help	Rehabilitation services	Inpatient: 20% of AA after deductible. Outpatient: \$50 co-pay/visit	40% of AA after <u>deductible</u>	*Outpatient Physical Therapy (PT) is limited to 40 combined visits per plan year. Occupational Therapy (OT) and Speech Therapy (ST) are limited to 20 visits per plan year, per therapy class. Maintenance therapy and therapy for	
recovering or have other special health	Habilitation services	Not covered	Not covered	developmental delay are not covered. Inpatient rehabilitation requires <u>pre-authorization</u> .	
needs	Skilled nursing care	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	*No coverage for custodial care.	
	Durable medical equipment	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	*Sleep disorder supplies are limited to \$325 in a plan year. One oral sleep appliance is covered every 5 years. Certain equipment requires <u>pre-authorization</u> .	
	Hospice service	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	None	
If your child needs	Children's eye exam	Over age 5 and adults: \$50 co-pay per visit.	Not covered	*One routine exam per plan year ages 3-5 as allowed under the Affordable Care Act payable at 100% for <u>network providers</u> .	
dental or eye care	Children's glasses	Not covered	Not covered	None	
	Children's dental check-up	Not covered	Not covered	None	

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Ambulance... charges for the convenience of the patient or family; air ambulance for non-life-threatening situations
- Bariatric surgery
- Charges for which a third party, auto insurance, or worker's compensation plan are responsible
- Complications from any non-covered services, devices, or medications

- Cosmetic surgery
- Custodial care and/or maintenance
- Dental care (Adults or children)• Developmental delay — screening
- Foot care routine
- Glasses
- Hearing aids
- Infertility treatment

- Long-term care
- Mental Health
  - milieu therapy, marriage counseling, Nursing private duty encounter groups, hypnosis, biofeedback, parental counseling, stress management or relaxation therapy, conduct disorders, oppositional disorders, learning

disabilities, situational disturbances

- Non-emergency care when traveling Weight-loss programs outside the U.S.
- Nutritional supplements, including vitamins, minerals, food supplements, homeopathic medicines
- Office visits in conjunction with hearing aids; charges for after hours or holiday

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Coverage provided outside the U.S.
- Routine eye care (Adults and children, exams only)

Chiropractic care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other options to continue coverage are available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596. For more information on your rights to continue coverage, contact the plan at 1-800-765-7347.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim appeal or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: www.pehp.org or 1-800-765-7347.

## Does this Coverage Provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month under this plan or under other coverage, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

#### Does this Coverage Meet the Minimum Value Standard? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eliqible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-765-7347 (TTY: 711).

–To see examples of how this plan might cover costs for a sample medical situation, see the next page.-

# **About these Coverage Examples:**

This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the cost sharing amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$500
Specialist copayment	\$50
■ Hospital (facility) <u>coinsurance</u>	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

**Total Example Cost** 

In this example, Peg would pay:		
Cost sharing		
Deductibles	\$500	
Copayments	\$0	
Coinsurance	\$1,420	
What isn't covered		
Limits or exclusions	\$0	
The total Peg would pay is	\$1,920	

\$7,600

# Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

■ The plan's overall <u>deductible</u>	\$500
Specialist copayment	\$50
■ Hospital (facility) <u>coinsurance</u>	20%
Other <u>coinsurance</u>	20%

#### This EXAMPLE event includes services like:

Primary care physician visits (including disease education)

<u>Diagnostic tests</u> (blood work)

<u>Prescription drugs</u>

Durable medical equipment (glucose meter)

<b>Total Example Cost</b>	\$5,500

In this example, Joe would pay:

Cost sharing		
Deductibles	\$500	
Copayments	\$0	
Coinsurance	\$1,000	
What isn't covered		
Limits or exclusions		
The total Joe would pay is	\$1,500	

## Mia's Simple Fracture (in-network emergency room visit and follow up care)

■ The plan's overall <u>deductible</u>	\$500
Specialist copayment	\$50
■ Hospital (facility) <u>coinsurance</u>	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

<u>Diagnostic tests</u> (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

<b>Total Example Cost</b>	\$2,500

In this example, Mia would pay:

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Cost sharing		
Deductibles	\$500	
Copayments	\$0	
Coinsurance	\$400	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$900	

Note: These numbers assume the patient does not participate in the plan's wellness program. If you participate in the plan's wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact PEHP Healthy Utah, 801-366-7300.