

Head Lice Treatment Options

Over-the-counter Treatments:

Many treatments without a prescription are available at your local drug store or pharmacy. Each of the following are FDA approved. If crawling lice are still seen after a full course of treatment, contact your health care provider.

1. **Pyrethrins:** combined with piperonyl butoide. Pyrethrins are naturally occurring pyrethroid extracts from the chrysanthemum flower. Pyrethrins are safe and effective when used as directed. Pyrethrins can only kill live lice, not unhatched eggs (nits). A second treatment is recommended 9 to 10 days after the first treatment to kill any new hatched lice before they can produce new eggs. Pyrethrins generally should not be used by persons allergic to chrysanthemums or ragweed. Pyrethrin is approved for use on children aged 2 years and older. **Brand names: Ric, Triple X, Pronto, A-200**
2. Permethrin lotion, 1% Permethrin is a synthetic pyrethroid similar to naturally occurring pyrethrins. It also kills live lice but not eggs. It may continue to kill newly hatched lice for several days after treatment. A second treatment is often necessary on day 9 to kill any newly hatched lice before they can produce new eggs. Permethrin is approved for children 2 months of age and older.

Tips for Treating Head Lice

1. Do not use extra amounts of any lice medication unless instructed by your doctor or pharmacist. The drugs used to treat lice are insecticides and can be dangerous if they are misused or overused.
2. The medications listed above should be kept out of the eyes. If the medicine gets into the eyes, they should be immediately flushed with water.
3. Do not treat an infested person more than 2-3 times with the same medication if the medicine does not seem to be working. Lice treatments may be resistant to treatment. Please seek the advice of your health care provider if this should happen. An alternative medication may be recommended.
4. Do not use different head lice drugs at the same time unless instructed to do so by your doctor or pharmacist.

Other Options

Lice Clinics of America
154 East Myrtle Ave. #101
Murray, UT. 84107
(801) 675-4239
<https://www.liceclinicsofamerica.com/>

Prescription medication, Sklice, information
<https://www.sklice.com/>

Reliable links for more information

<https://www.cdc.gov/parasites/lice/head/treatment.html>
<https://www.ncbi.nlm.nih.gov/books/NBK470343/>
<https://www.epa.gov/sites/production/files/2015-10/documents/managing-head-lice.pdf>