DIABETES – Insulin Injection Addendum to IHP				School Year:		Picture
Utah Department of Health & Human Services/						
Utah State Board of Education						
Student:	DOB: Grade:		School:			
Parent:	Phone:		Email:			
School Nurse:	School Phone:			Fax or Email:		
STUDENT DIABETES MANAGEMENT S	KILLS Needs A		Assistance	Needs Supervision Independent		
Identifying feelings of hypoglycemia						
Checking blood glucose						
Measuring out insulin						
Administering insulin injection						
Independently counts carbohydrates						
INSULIN DEVICE						
□ Syringe and vial □ Pen						
Type of insulin:						
Injection Site (Injections should be given subcutaneously and rotated).						
Abdomen Arm Buttock Thigh						
Mealtime Correction: Before meals only						
Insulin to carb ratio:unit for every grams of carbohydrates before meals.						
Correction dose:unit for every mg/dl for blood glucose above mg/dl.						
Insulin pen/vial expires 28 days after it is opened, pierced or stored outside of refrigerator.						
SPECIAL CONSIDERATIONS (PE, School Parties or Snacks, Field Trips, Academic testing)						
PE: Check BG before PE gram carb (free) snack before PE Other (specify):						
□ Do not exercise if BG is belowmg/dl or symptomatic of hyperglycemia School parties or snacks: □ Student to save snack for lunchtime □ No coverage for snacks/parties						
School parties or shacks: I Student to save shack for lunchtime I No coverage for shacks/parties I Student to take shack home I Parent will provide alternate shack						
\Box Other (specify):						
Field Trips: Parent and school nurse must be notified of field trips in advance so proper planning and training						
can be accomplished.						
Please specify instructions:						
Academic Testing:						
□ Student may reschedule academic testing with teacher, as needed, if blood glucose is below or over						
Other (specify):						
Other considerations (specify):						
WHEN HYPERGLYCEMIA OCCURS OTHER THAN AT MEALTIME						
Correction doses can only be administered with meals at school.						
Other instructions for hyperglycemia:						
□ Notify parent/guardian						
Allow unrestricted access to the bathroom						
Give extra water and/or non-sugar-containing drinks (not fruit juices)						
PARENT ACKNOWLEDGEMENT						
□ I understand if I adjust insulin doses delivered during school hours that I am responsible for contacting						
provider and requesting an updated prescriber order be sent to the sche						
Parent Signature:				Date:		