

2022/23 LESSON OUTLINE

MONTH	K	1	2	3	4
AUGUST	RULES/PROTOCOLS AND PLAYGROUND GAMES	RULES/PROTOCOLS AND PLAYGROUND GAMES	RULES/PROTOCOLS AND PLAYGROUND GAMES	FAVORITE PE GAMES	FAVORITE PE GAMES
SEPTEMBER	LOCOMOTOR/SPATIAL MOVEMENT	LOCOMOTOR/SPATIAL MOVEMENT	LOCOMOTOR/SPATIAL MOVEMENT	BASEBALL	BASBEALL
OCTOBER	BASKETBALL	BASKETBALL	BASKETBALL	SOCCER	PEDOMETERS AND FITNESS
NOVEMBER	THROW AND CATCH	THROW AND CATCH	THROW AND CATCH	FITNESS/PEDOMETERS	SQUARE DANCE
DECEMBER	GYMNASTICS	GYMNASTICS	GYMNASTICS	GYMNASTICS	GYMNASTICS
JANUARY	SOCCER	SOCCER	SOCCER	BASKETBALL	SOCCER
FEBRUARY	JUMPING AND HEALTHY HEARTS	JUMPING AND HEALTHY HEARTS	JUMPING AND HEALTHY HEARTS	JUMPING AND HEALTHY HEARTS	BASKETBALL AND HEALTHY HEARTS
MARCH	TENNIS	TENNIS	TENNIS	TENNIS	TENNIS
APRIL	HOCKEY/GOLF	HOCKEY/GOLF	HOCKEY/GOLF	HOCKEY	HOCKEY
MAY/JUNE	BASEBALL	BASEBALL	BASEBALL	TRACK AND FIELD	TRACK AND FIELD

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FAVORITE PE GAMES

BASEBALL

PEDOMETERS AND FITNESS

VOLLEYBALL

GYMNASTICS

SOCCER

BASKETBALL AND HEALTHY HEARTS

TENNIS

HOCKEY

TRACK AND FIELD